

# Local Wellness Policy Progress Report

**School Name: MMCRU**

**Wellness Policy Contact: Superintendent**

**Date Completed: 5/17/18**

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

## Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. To monitor caloric intake and food intake.	Head Cook	x			All menus are rated to make sure proper portion sizes and levels of sodium and calories are acceptable.	
2. Provide nutrition education to help students develop lifelong healthy eating behaviors.	Curriculum Coordinator	x			This is part of our curriculum.	
3.						

## Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Engaging students in moderate to vigorous activities	Principal	x			Students at all levels take physical education class.	

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
2. Afford elementary students with recess.	Principal	x			Students have recess 3 times per day.	

## Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Permit students to bring water bottles and carry throughout the day.	Principal	x			Provide student water fountains that have a bottle fill station.	
2. Make drinking water available where school meals are served during mealtime.	Principal	X			Provide student water fountains in the serving area.	

## Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide a vending machine with bottled water, juice, and zero calorie options.	Principal	x			All soda with sugar has been removed. Juices of the proper size and zero calorie drinks are available.	
2. Provide a vending machine with snack options meeting proper requirements. *	Toby Young	x			Only items meeting the Smart Snacks criteria are allowed in the machine.	

\*Remsen Union only

**Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Celebration practices that involve food or beverages will be monitored.	Principal	x			The district will disseminate a list of healthy party ideas to parents and teachers.	
2.						

**Polices for Food and Beverage Marketing**

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Food service staff will ensure compliance with nutrition policies.	Head cook	x			All menus and commodities are evaluated to meet compliance.	
2. School administration and the wellness committee will review wellness progress at least once per year.	Superintendent		x		The wellness committee meets with the administration.	Wellness progress and reporting will be posted on the district website.

**This institution is an equal opportunity provider.**